



**Atreya Ayurveda Pratisthana®**  
**Spoorthi Ayurveda Medical College and**  
**Dr S.V.Savadi Ayurvedic Medical college Gangavathi**  
ISO 9001:2015 Recognized Institution  
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)  
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Ref: SAMC& Dr SVSAH/Gvt/Ayur Praveshika/Report /2025-

Date: 09-12-2025

**Ayurpraveshika 2025 -26 Batch**  
**“Transitional Curriculum for First Professional BAMS”**

Date	Session	Resource person	Topic	Geo tag Photo
Day- 1 21-11-2025 Friday	Inaugural Ceremony 9:00-10:00 AM	Dr Mohan G Professor , SAMC Gvt	Lamp lighting, prayer chanting,  Dhanvantari Shloka recitation	



<p>Know Your College <b>10:00– 11:00 AM</b></p>	<p>Dr Abid Hussain Assistant Professor SAMC Gvt</p>	<p>Timeline Creation–Students draw a visual timeline of the institution's milestones</p>	
<p>Learning from Seniors <b>11:00 AM– 12:00PM</b></p>	<p>Student council</p>	<p>Ask Me Anything– Q&amp;A with seniors; —Message to My Future Self – personal reflection writing. Interaction with senior students</p>	
<p>Pre-Test <b>12:10–1:00 PM</b></p>	<p>Dr Manoj P Assistant Professor SAMC Gvt</p>	<p>Google Questioner</p>	



<p>Campus Orientation- Part 1 2- 3 Pm</p>	<p>Dr Mohan G, Dr Vinod, Dr Manoj, Dr KBM</p>	<p>Campus visit- academic blocks/department visits/meet faculty of Rachana, Kriya &amp; Samhita Encouraging observational learning</p>	
<p>Campus Orientation- Part 2 3-4 PM</p>	<p>Dr Pradeep, Dr Abid H, Mr Venkatesh</p>	<p>Photography in academic block, herbal garden, hospital, OPD/IPD, pharmacy, library etc.</p>	
<p>Day Reflection: Icebreakers &amp; Faculty Interaction 4- 5 Pm</p>	<p>Dr Khalid B.M Associate Professor SAMC Gvt</p>	<p>Group sharing, fun intro games</p>	<p>Everyday conducted by Dr Khalid B.M</p>



<b>Day- 2</b> <b>22-11-2025</b> <b>Saturday</b>	Dhanvantari Prayer & Thought for the Day <b>9:00-9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	Everyday conducted by Dr Khalid B.M
	Introduction to Ayurveda and History 10 to 12.30 Pm	Dr Sharad Assistant Professor RIA Kudalgi	Discuss on Ayurveda Avatarana from different Sampradayas	
	Student Safety:& Ragging- Free campus Finding Help When Needed. Detailed session on student grievance redressal mechanism. 12.30 to 1 PM	Dr Khalid B.M Associate Professor SAMC Gvt	Simulation of anti-ragging scenarios; Poster-making- Say No to Ragging! Problem-solution mapping of student concerns	
	Quantaum Mechanics and Ayurveda 2 to 4 Pm	Dr Khalid B.M Associate Professor SAMC Gvt	Discussion on purpose of life and lifestyles	



Library Orientation  
4 to 5 pm

Venkatesh  
Librarian  
SAMC Gvt

Library visit and digital  
resource search (PubMed,  
AYUSH portal)





	<p>Dhanvantari Prayer &amp; Thought for the Day <b>9:00–9.45 Am</b></p>	<p>Dr Khalid B.M Associate Professor SAMC Gvt</p>	<p>Short group recitation and daily reflection</p>	<p>Everyday conducted by Dr Khalid B.M</p>
<p><b>Day- 3</b> <b>24-11-2025</b> <b>Monday</b></p>	<p>What is Indian Knowledge System (IKS)? Overview: Orientation lecture on Vision of reality. Overview of other Indian Medical Systems: Unani, Siddha, Sowa Rigpa, Yoga Naturopathy &amp; Homeopathy  10 to 1 PM</p>			 <p>Jangamar Kalgudi, Karnataka, India 1122-112C, Rajahar Rd, Jangamar Kalgudi, Karnataka 581222 India Lat: 15.4828465 Long: 76.9380296 Uploaded: 24/11/2023 10:12 AM GMT+05:30</p>



Basic principles of  
Ayurveda and Trisutra  
(Hetu,Linga,Aushadha  
)

2 to 3 Pm

Dr Vinod  
Kumar  
Assistant  
Professor  
SAMC Gvt

Basic principles of  
Ayurveda and Trisutra  
(Hetu,Linga,Aushadha)





<b>Day- 4</b> <b>25-11-</b> <b>2025</b> <b>Tuesda</b> <b>y</b>	<p>Dhanvantari Prayer &amp; Thought for the Day  <b>9:00-9.45 Am</b></p>	<p>Dr Khalid B.M          Associate Professor          SAMC Gvt</p>	<p>Short group recitation and daily reflection</p>	<p>Everyday conducted by Dr Khalid B.M</p>
	<p>Proposed Higher Education Pathways in Ayurveda (M.D./M.S./Ph.D., Super specialty courses          Different Career opportunities after BAMS:          10 to 1 PM</p>	<p>Dr Maskipatil          Professor          SAMC Gvt</p>	<p>Watch videos / read short bios of MD/PhD professionals; Create career flowchart</p>	
	<p>Overview of BAMS Curriculum; Introduction to the competency-based curriculum and syllabus of First Professional BAMS subjects.          2 to 4 pm          Introduction to Rachana Sharir concepts, Syllabus, Orientation on cadaver room etiquettes.</p>	<p>Dr Mohan G          Professor,          SAMC Gvt</p>	<p>Subject puzzle(FirstYear);          Timeline exercise marking academic milestones           Model charts, cadaver room, specimen organs</p>	<p>Conducted</p>



<b>Day- 5</b> <b>26-11-2025</b> <b>(Wednesday)</b>	Dhanvantari Prayer & Thought for the Day <b>9:00-9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	Everyday conducted by Dr Khalid B.M
	Sharir Kriya Orientation details of syllabus 10 to 1 Pm	Dr Manjunath Assistant Professor SDM Hassan	Pulse respiration assessment practice visit dept/lab, charts models etc.	
	<b>वदतुसंस्कृतम्</b> Sanskrit Orientation, Basics of Sanskrit alphabet, pronunciation or as annexed 2 to 3 Pm	Mr Vagesh Assistant Professor SAMC Gvt	Writing drill: vowels and consonants in Devanagari/ Didactic with video, chant slokas of Ayurveda (Ashtang Hriday Charaka Samhita) be familiar with the script used in classical Ayurvedic texts	
	Introduction to Bruhatrayi- Charaka, Sushruta, Vagbhata Laghutrayee with elaboration of Ashtang Hridaya 3 to 5 Pm	Dr Sumanth Assistant Professor Sdm Hassan	Three-corner debate: Charaka vs. Sushruta vs. Vagbhata; Quote matching activity  Discussion on difference between Ashtang Sanghrah and Ashtang Haridaya	



<b>Day- 6</b> <b>27 -11-2025</b> <b>(Thursday)</b>	Dhanvantari Prayer & Thought for the Day <b>9:00–9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	Everyday conducted by Dr Khalid B.M
	Entrepreneurship in Ayurveda  10 to 1 Pm	Dr Girish Dannapagouda r Professor SVPR Ayurveda Medical College Badami	Entrepreneurship in Ayurveda	
	<b>वदतुसंस्कृतम्</b> Sanskrit Orientation– Basic Grammar orasannexed(Annexure – 2) 2 to 3 Pm	Mr Vagesh Assistant Professor SAMC Gvt	Verb conjugation drill; Sanskrit sorting game Be familiar with Sanskrit language	
	Healthy Food, Diet pattern, Nutritional plate, Nutritional values usually required 3 to 4 Pm	Dr Kavya Assistant Professor SAMC Gvt	May refer Ayurveda Ahara Regulations (FSSAI – Ayurveda Ahara, 2021) making Ay. Herbal tea, balanced Ay. Plate	



	<p>Padartha Vigyana orientation in brief with detailed elaboration of Tantra yuktees Incharge: 4 to 5 Pm</p>	<p>Dr Khalid B.M Associate Professor SAMC Gvt</p>	<p>Discussion on practical application In day-to-day life</p>	
<p><b>Day- 7</b> <b>28/11/2025</b> <b>(Friday)</b></p>	<p>Half day Ayurveda Hospital visit Incharge:</p>	<p>Dr Pradeep Professor SAMC Gvt</p>	<p>Ayurveda hospital, district ayurveda hospital,</p>	<p>The top photograph shows a group of people, including a man in a red shirt and a man in a brown shirt, gathered around a table. The bottom photograph shows a group of people standing in front of a building entrance.</p>



<b>Day 8</b> <b>29/11/2025</b> <b>(Saturday)</b>	Ayurvedic pathology, Nidana Panchaka framework understanding disease in Ayurveda beyond pathogens 10 to 1 Pm	Dr Kishor Rajapurhoit Medical Officer, Srisi College of Horticulture, Sirisi	Discuss on causative factors beyond pathogenic virus, bacteria and other organisms	
	Inspirational talk by senior Vaidya/Professor about why ayurveda is more relevant than ever/my journey as an ayurvedic doctor 2 to 4 Pm	Dr Shreya Vaidya Physician Ganagavathi	Question answer session/interaction inspire and motivate students to practice ayurveda for the benefit of society	



<p><b>Day- 9</b> <b>1-12-2025</b> <b>(Monday)</b></p>	<p>Environmental hygiene: Concept of Janapadadwamsal in ayurveda and its relevance to environmental hygiene Nation building: Ayurveda as a pillar of India's Health security.</p> <p>Glory of Ayurveda in Global Health</p> <p>10 to 1 Pm</p>	<p>Dr Mahesh Professor Ayurveda Mahavidyalaya Heggari Extension, Hubli</p>	<p>Swachata abhiyana of surrounding environment, discussion on role of hygiene in professionalism develop awareness of hygiene linked to health, health care and self-discipline.</p> <p>Discussion: Ayurveda for Atma Nirbharata. Discussion on WHO GCTM (Global Centre for Traditional Medicine)</p>	
	<p>Ayurveda ethics &amp; Philosophy in context of Sadvritta 2 to 4 Pm Guest Health policy in Lecture - Charak Samhita, Ayurveda's role in shaping Modern Health diplomacy. Incharge: 2 to 4 Pm</p>	<p>Dr Sourabh K Professor Ayurveda Mahavidyalaya Heggari Extension, Hubli</p>	<p>Search relevant context in Charak Samhita.</p>	

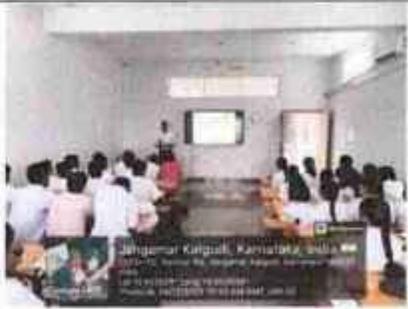


<b>Day 10</b> <b>2-11-2025</b> <b>(Tuesday)</b>	Dhanvantari Prayer & Thought for the Day <b>9:00-9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	Everyday conducted by Dr Khalid B.M
	Pride in becoming a Healer- -Interactive session Success Stories of Ayurveda in action: real life patient care success story by expert in modern research 10 to 11 Am	Dr Sunil Arali Physician Gvt	Discuss on different healing modalities.	
	Presentation Skills	Dr Karthik N HOD /Associate Professor SAMC -Gvt		



<b>Day- 11</b> <b>3-11-2025</b> <b>(Wednesday)</b>	Dhanvantari Prayer & Thought for the Day <b>9:00–9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	Everyday conducted by Dr Khalid B.M	
	First aid training basic/cuts wound, sprains, shock, bleeding and other common emergency situations Basic life support (BLS) training, Emergency protocols, CPR theory (adults, children, infants) 10 to 1 Pm	Dr Saraswathi HOD / Associate Professor SAMC Gvt	First-aid simulations Role-play conscious/unconscious choking scenarios Watch CPR demo video; Group discussion on age-based differences Hands-on CPR practice		
	Ayurveda Psychology— correlations of Satva, Rajas, Tamas with Modern Psychology, Applying Triguna theory for Emotional Intelligence, Stress management and Atmanirbharata 2 to 5 Pm	Dr Abid Hussain Assistant Professor SAMC Gvt	Discuss on Bhoot vidya of Astangas, ancient insights for modern minds.  Discussion on harmony of mind: Triguna insights for students	Conducted	



<b>Day 12</b> <b>4-11-2025</b> <b>(Thursday)</b>	Dhanvantari Prayer & Thought for the Day <b>9:00–9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection.	Everyday conducted by Dr Khalid B.M
	Ayurveda and agriculture (Krishi Ayurveda) & Scope of Drug Research In Ayurveda 10 to 1 Pm	Dr Manjunath Ainal Professor Rajiv Gandhi Ayurveda Medical College Ron	discussion on Ayurvedic Principles of soil and plant health  Check your college website and learning websites. Debate on different selected crisis and situation. (“ <b>No mobiles day</b> ”)	
	Effective time management strategies: _Sankalpa to Siddhi_– Time management for obtaining academic and clinical excellence.  Integrative tradition with ambition: Goal setting in ayurveda education 2 to 5 Pm	Vinay Kumar Motivaional Speaker Bangalore	Write SMART goals for academic & professional life under the heading of vision for Vikasit Bharat 2047.	



<b>Day 13</b> <b>5-11-2025</b> <b>(Friday)</b>	Dhanvantari Prayer & Thought for the Day <b>9:00-9.45 Am</b>	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	Everyday conducted by Dr Khalid B.M
	Globalization of Ayurveda 10 to 1 Pm	Dr Aakash Kembhavi Principal AGM Ayurveda Medical College Hubli	Globalization of Ayurveda	
<b>Day 14</b> <b>6-11-2025</b> <b>(Saturday)</b>	Jeevanceyal (Ayurveda Arogyamitra Abhiyan) Visit of near by village/rural area Incharge:	Dr Abid Hussain Assistant Professor SAMC Gvt	Student outreach programme.- Rural house visits with questionnaire for interaction. (physical, mental, social, cultural conditions, health aspects, food and habits) One student has to visit one home/family and adopt to keep a follow-up of the family throughout his/her academic journey.  <b>Note:</b> <ul style="list-style-type: none"> <li>• Till completion of his/her studies one should adopt the family and serve as <b>Ayurveda Arogya Mitra</b>, for that</li> </ul>	



			home/family throughout the period. Language may not be any barrier at all.	
6-11-2025 (Saturday)	Scope after BAMS	Dr Kotresh SM Taranath Ayurveda Medical College Bellary		
6-11-2025 (Saturday)	Post Test	Dr Manoj Patil Assistant Professor SAMC Gvt		



**IQAC CO-ORDINATOR**  
Spoorthi Ayurvedic Medical College  
& Dr. S.V. Savadi Ayurveda Hospital  
Gangavathi-583227.



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**COLLEGE AND DR. S.V.SAVADI**  
**AYURVEDIC HOSPITAL, GANGAVATHI**