



Atreya Ayurveda Pratisthana®
Spoorthi Ayurveda Medical College and
Dr S.V.Savadi Ayurvedic Medical college Gangavathi
ISO 9001:2015 Recognized Institution
(Recognized By Govt. of Karnataka & N.C.I.S.M. New Delhi)
(Affiliated to Rajiv Gandhi University of Health Sciences, Bangalore)

Ref: SAMC& Dr SVSAH/Gvt/Ayur Praveshika/2025-

Date: 18-11-2025

Ayurpraveshika 2025 -26 Batch
“Transitional Curriculum for First Professional BAMS”

Sub: Invitation as Resource Person for Ayur Praveshika – Transitional Curriculum 2025–26 Batch

Respected Sir/Madam,

Greetings from Spoorthi Ayurveda Medical College Gangavathi !

It gives us immense pleasure to inform you that our institution is organizing **The Ayur Praveshika – Transitional Curriculum Program for the 2025–26 Batch** as per the guidelines of NCISM. This program aims to orient newly admitted students to the fundamentals of Ayurveda, introduce them to the academic environment, and help them transition smoothly into their undergraduate journey.

We would be greatly honored to have your esteemed presence as a **Resource Person** for the **Ayur Praveshika – Transitional Curriculum Program for the 2025–26 Batch**. Your valuable insights, expertise, and experience in the field of Ayurveda will undoubtedly provide great inspiration and guidance to our new students. The event scheduled from 21-11-2025 to 6-12-2025 kindly find the attachment

Thank you for considering our invitation.

Warm regards


PRINCIPAL

Spoorthi Ayurvedic Medical Collage &
Dr. S.V Savadi Ayurvedic Hospital,
Vidyanagar, Gangavathi-583227.



Date	Session	Resource person	Topic	
Day- 1 21-11-2025 Friday	Inaugural Ceremony 9:00–10:00 AM	Dr Mohan G Professor, SAMC Gvt	Lamp lighting, prayer chanting, Dhanvantari Shloka recitation	
	Know Your College 10:00–11:00 AM	Dr Abid Hussain Assistant Professor SAMC Gvt	Timeline Creation–Students draw a visual timeline of the institution’s milestones	
	Learning from Seniors 11:00 AM–12:00PM	Student council	Ask Me Anything– Q&A with seniors; —Message to My Future Self – personal reflection writing. Interaction with senior students	
	Pre-Test 12:10–1:00 PM	Dr Manoj P Assistant Professor SAMC Gvt	Google Questioner	
	Campus Orientation– Part 1 2- 3 Pm	Dr Mohan G, Dr Vinod, Dr Manoj, Dr KBM	Campus visit- academic blocks/department visits/meet faculty of Rachana, Kriya & Samhita Encouraging observational learning	
	Campus Orientation– Part 2 3-4 PM	Dr Pradeep, Dr Abid H, Mr Venkatesh	Photography in academic block, herbal garden, hospital, OPD/IPD, pharmacy, library etc.	
	Day Reflection: Icebreakers & Faculty Interaction 4- 5 Pm	Dr Khalid B.M Associate Professor SAMC Gvt	Group sharing, fun intro games	
	Mindfulness 4- 5 Pm	Dr Khalid B.M Associate Professor SAMC Gvt	Sitting in silence, Guided breathing & relaxation	



Day- 2 22-11-2025 Saturday	Dhanvantari Prayer & Thought for the Day 9:00–9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	Introduction to Ayurveda and History 10 to 12.30 Pm	Dr Sharad Assistant Professor RIA Kudalgi	Discuss on Ayurveda Avatarana from different Sampradayas	
	Student Safety:& Ragging- Free campus Finding Help When Needed. Detailed session on student grievance redressal mechanism. 12.30 to 1 PM	Dr Khalid B.M Associate Professor SAMC Gvt	Simulation of anti-ragging scenarios; Poster-making– Say No to Ragging! Problem–solution mapping of student concerns	
	Quantaum Mechanics and Ayurveda 2 to 4 Pm	Dr Khalid B.M Associate Professor SAMC Gvt	Discussion on purpose of life and lifestyles	
	Library Orientation 4 to 5 pm	Venkatesh Librarian SAMC Gvt	Library visit and digital resource search (PubMed, AYUSH portal)	
Day- 3 24-11-2025 Monday	Dhanvantari Prayer& Thought for the Day 9:00–9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	What is Indian Knowledge System (IKS)? Overview: Orientation lecture on Vision of reality. Overview of other Indian Medical Systems:	Dr Madev Diggavi Professor, Taranath Ayurveda Medical College, Bellary		



Unani, Siddha, Sowa Rigpa, Yoga Naturopathy & Homeopathy 10 to 1 PM				
Basic principles of Ayurveda and Trisutra (Hetu,Linga,Aushadha) 2 to 3 Pm	Dr Vinod Kumar Assistant Professor SAMC Gvt	Basic principles of Ayurveda and Trisutra (Hetu,Linga,Aushadha)		
Concept of 'Anand' the true goal of healing lessons from Taittarreeya Upanishad. 3 to 4 Pm	Dr Pradeep Professor SAMC Gvt	Discussion on experimental feeling of actual happiness		
Ayurveda and Yoga as India's soft power Diplomacy through wellness 4 to 5 Pm	All staff	Group discussion on surprising or inspiring insights from IKS		
Dhanvantari Prayer & Thought for the Day 9:00-9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection		



Day- 4 25-11- 2025 Tuesday	<p>Proposed Higher Education Pathways in Ayurveda (M.D./M.S./Ph.D., Super specialty courses Different Career opportunities after BAMS: Practice, wellness centers, PanchaKarma Units, Govt. Ay. Dispensary, Entrepreneurship Ayurveda beyond Practice: Capacity Building activities in Entrepreneurship development in context of Ayurveda 10 to 1 PM</p>	<p>Dr Maskipatil Professor SAMC Gvt</p>	<p>Watch videos / read short bios of MD/PhD professionals; Create career flowchart</p>	
	<p>Overview of BAMS Curriculum; Introduction to the competency-based curriculum and syllabus of First Professional BAMS subjects. 2 to 4 pm Introduction to Rachana Sharir concepts, Syllabus, Orientation on cadaver room etiquettes.</p>	<p>Dr Mohan G Professor, SAMC Gvt</p>	<p>Subject puzzle(FirstYear); Timeline exercise marking academic milestones Model charts, cadaver room, specimen organs</p>	
	<p>Healing Hands and Compassionate Hearts: Reflection activity 4 to 5 Pm</p>	<p>Dr Vinod Kumar</p>	<p>Group sharing on readiness for clinical responsibilities Guided meditation/breathing with a focus on career visualization</p>	
	<p>Dhanvantari Prayer& Thought for the Day 9:00–9.45 Am</p>	<p>Dr Khalid B.M Associate Professor SAMC Gvt</p>	<p>Short group recitation and daily reflection</p>	

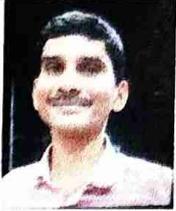


Day- 5 26-11-2025 (Wednesday)	Sharir Kriya Orientation details of syllabus 10 to 1 Pm	Dr Manjunath Assistant Professor SDM Hassan	Pulse respiration assessment practice visit dept/lab, charts models etc.	
	ಓಂ ನಮಃ ಶಿವಾಯ Sanskrit Orientation, Basics of Sanskrit alphabet, pronunciation or as annexed 2 to 3 Pm	Mr Vagesh Assistant Professor SAMC Gvt	Writing drill: vowels and consonants in Devanagari/ Didactic with video, chant sloka of ayurveda (Ashtang Hriday Charaka Samhita) be familiar with the script used in classical Ayurvedic texts	
	Introduction to Bruhatrayi- Charaka, Sushruta, Vagbhata Laghutrayee with elaboration of Ashtang Hridaya 3 to 5 Pm	Dr Sumanth Assistant Professor Sdm Hassan	Three-corner debate: Charaka vs. Sushruta vs. Vagbhata; Quote matching activity Discussion on difference between Ashtang Sanghrah and Ashtang Haridaya	
Day- 6 27-11-2025 (Thursday)	Dhanvantari Prayer & Thought for the Day 9:00-9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	Entrepreneurship in Ayurveda 10 to 1 Pm	Dr Girish Dannapagoudar Professor SVPR Ayurveda Medical College Badami	Entrepreneurship in Ayurveda	
	ಓಂ ನಮಃ ಶಿವಾಯ Sanskrit Orientation- Basic Grammar or as annexed (Annexure- 2) 2 to 3 Pm	Mr Vagesh Assistant Professor SAMC Gvt	Verb conjugation drill; Sanskrit sorting game Be familiar with Sanskrit language	

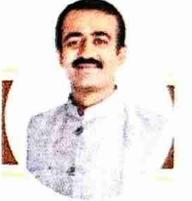


	Healthy Food, Diet pattern, Nutritional plate, Nutritional values usually required 3 to 4 Pm	Dr Kavya Assistant Professor SAMC Gvt	May refer Ayurveda Ahara Regulations (FSSAI – Ayurveda Ahara, 2021) making Ay. Herbal tea, balanced Ay. Plate	
	Padartha Vigyana orientation in brief with detailed elaboration of Tantra yuktees Incharge: 4 to 5 Pm	Dr Khalid B.M Associate Professor SAMC Gvt	Discussion on practical application In day-to-day life	
Day- 7 28/11/2025 (Friday)	Dhanvantari Prayer & Thought for the Day 9:00–9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	Standardization herbal drugs & Phytochemistry & TLC profiling. 10:00 – 1:00 pm	Mrs Afreen Banu Analytical Chemist, Manthana Central research Lab, SAMC, Gvt	Standardization herbal drugs & Phytochemistry & TLC profiling.	
	Half day field visit Incharge: 2 to 4 Pm	Dr Pradeep Professor SAMC Gvt	Ayurvedic herbology, field visit, herbal garden, incubation center, Ayurveda hospital, district ayurveda hospital, medicine manufacturing unit, any nearby Institute of National Importance (Anyone which is convenient as per availability nearby institution)	
	Dhanvantari Prayer & Thought for the Day 9:00–9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	



Day 8 29/11/2025 (Saturday)	Ayurvedic pathology, Nidana Panchaka framework understanding disease in Ayurveda beyond pathogens 10 to 1 Pm	Dr Kishor Rajapurhoit Medical Officer, Srisi College of Horticulture, Sirisi	Discuss on causative factors beyond pathogenic virus, bacteria and other organisms	
	Inspirational talk by senior Vaidya/Professor about why ayurveda is more relevant than ever/my journey as an ayurvedic doctor 2 to 4 Pm	Dr Shreya Vaidya Physician Ganagavathi	Question answer session/interaction inspire and motivate students to practice ayurveda for the benefit of society	
Day- 9 1-12-2025 (Monday)	Dhanvantari Prayer & Thought for the Day 9:00-9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	Environmental hygiene: Concept of Janapadadwamsal in ayurveda and its relevance to environmental hygiene Nation building: Ayurveda as a pillar of India's Health security. Glory of Ayurveda in Global Health 10 to 1 Pm	Dr Mahesh Professor Ayurveda Mahavidyalaya Heggari Extension, Hubli	Swachata abhiyana of surrounding environment, discussion on role of hygiene in professionalism develop awareness of hygiene linked to health, health care and self- discipline. Discussion: Ayurveda for Atma Nirbharata. Discussion on WHO GCTM (Global Centre for Traditional Medicine)	



	<p>Ayurveda ethics & Philosophy in context of Sadvritta 2 to 4 Pm Guest Health policy in Lecture - Charak Samhita, Ayurveda's role in shaping Modern Health diplomacy. Incharge: 2 to 4 Pm</p>	<p>Dr Sourabh K Professor Ayurveda Mahavidyalaya Heggari Extension, Hubli</p>	<p>Search relevant context in Charak Samhita.</p>	
	<p>Dhanvantari Prayer & Thought for the Day 9:00-9.45 Am</p>	<p>Dr Khalid B.M Associate Professor SAMC Gvt</p>	<p>Short group recitation and daily reflection</p>	
<p>Day 10 2-11-2025 (Tuesday)</p>	<p>Pride in becoming a Healer- -Interactive session Success Stories of Ayurveda in action: real life patient care success story by expert in modern research 10 to 11 Am</p>	<p>Dr Sunil Arali Physician Gvt</p>	<p>Discuss on different healing modalities.</p>	



<p>Effective time management strategies: <u>'Sankalpa to Siddhi'</u> – Time management for obtaining academic and clinical excellence.</p> <p>Integrative tradition with ambition: Goal setting in ayurveda education 2 to 5 Pm</p>	<p>Vinay Kumar Motivaional Speaker Bangalore</p>	<p>Write SMART goals for academic & professional life under the heading of vision for Vikasit Bharat 2047.</p>	
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<p>Day- 11 3-11-2025 (Wednesday)</p>	<p>Dhanvantari Prayer & Thought for the Day 9:00–9.45 Am</p>	<p>Dr Khalid B.M Associate Professor SAMC Gvt</p>	<p>Short group recitation and daily reflection</p>	
	<p>First aid training basic/cuts wound, sprains, shock, bleeding and other common emergency situations Basic life support (BLS) training, Emergency protocols, CPR theory (adults,children,infants) 10 to 1 Pm</p>	<p>Dr Satish Raikar Cardiologist Yashodha Hospital Ganagavthi</p>	<p>First-aid simulations Role-play conscious/unconscious choking scenarios Watch CPR demo video; Group discussion on age-based differences Hands-on CPR practice</p>	
	<p>Ayurveda Psychology— correlations of Satva,Rajas, Tamas with Modern Psychology, Applying Triguna theory for Emotional Intelligence, Stress management and Atmanirbharata 2 to 5 Pm</p>	<p>Dr Abid Hussain Assistant Professor SAMC Gvt</p>	<p>Discuss on Bhoot vidya of Astangas, ancient insights for modern minds. Discussion on harmony of mind:Triguna insights for students</p>	



Day 12 4-11-2025 (Thursday)	Dhanvantari Prayer & Thought for the Day 9:00-9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	Ayurveda and agriculture (Krishi Ayurveda) & Scope of Drug Research In Ayurveda 10 to 1 Pm	Dr Manjunath Ajnal Professor Rajiv Gandhi Ayurveda Medical College Ron	discussion on Ayurvedic Principles of soil and plant health Check your college website and learning websites. Debate on different selected crisis and situation. ("No mobiles day")	

	Presentation Skills: Structuring an Academic Presentation with good content. 2 to 5 Pm	Dr Karthik N Associate Professor SAMC Gvt		
Day 13 5-11-2025 (Friday)	Dhanvantari Prayer & Thought for the Day 9:00-9.45 Am	Dr Khalid B.M Associate Professor SAMC Gvt	Short group recitation and daily reflection	
	Globalization of Ayurveda 10 to 1 Pm	Dr Aakash Kembhavi Principal AGM Ayurveda Medical College Hubli	Globalization of Ayurveda	
	Basic understanding of Ashtanga yoga for physical and mental well-being. Incharge: 2 to 5 Pm	Dr S.B Handaral Physician Ganagavthi	Yoga Demonstration	



<p>Day 14 6-11-2025 (Saturday)</p>	<p>Jeevanceeyal (Ayurveda Arogyamitra Abhiyan) Visit of near by village/rural area Incharge:</p>	<p>Dr Abid Hussain Assistant Professor SAMC Gvt</p>	<p>Student outreach programme.- Rural house visits with questionnaire for interaction. (physical, mental, social, cultural conditions, health aspects, food and habits) One student has to visit one home\family and adopt to keep a follow-up of the family throughout his/her academic journey.</p> <p>Note:</p> <ul style="list-style-type: none">• Till completion of his/her studies one should adopt the family and serve as Ayurveda Arogya Mitra, for that home/family throughout the period. Language may not be any barrier at all.
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19/11/25
IQAC Coordinator

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Spoorthi Ayurvedic Medical College
& Dr. S.V. Savadi Ayurveda Hospital
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Principal

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